

# Orientation Course

## Fall Semester 2008

August 26<sup>th</sup> – 29<sup>th</sup>



Monday the 25<sup>th</sup> and Tuesday the 26<sup>th</sup> until 2 p.m. – Arrival Days.

### **Tuesday – Information from your department**

From 3 p.m. the following departments will hold information sessions for their international students.

USBE (Business School)  
Pedagogy/Education  
Physics  
Medicine  
Umeå School of Public Health (Epidemiology)

The precise information about when and where your department will hold their information session will be posted at the International Office during the arrival days.

### **Wednesday – Aula Nordica (Universum Building)**

09,30 – 10,20 Welcome to Umeå University  
10,20 – 10,50 “Survival Information”  
10,50 – 11,00 Short Break to stretch your legs  
11,00 – 11,30 Introduction to the Buddy program and to Friday’s event  
11,30 – 12,00 Housing information (only for people who have housing through the IHO – the rest can go on an early lunch)

12,00 – 13,00 Break for Lunch  
13,00 – 13,45 Cultural differences  
13,45 – 14,00 Information about the English conversation class and the English tutorial lab.  
14,00 – 14,10 Short Break to stretch your legs  
14,10 – 14,30 Information from IKSU Student Sport Center  
14,30 – 15,00 Information from IKSU Alpin and IKSU Friluftsliv about trips and excursions you can join.  
15,00 – 15,10 Short Break to stretch your legs  
15,10 -16,30 Introduction and tour of the University Library.

An evening activity of some sort will be planned.

**Thursday – Aula Nordica (Universum Building)**

10,00 – 10,50 Introduction to the Swedish system of study  
10,50 – 11,00 Information about the Host program  
11,00 – 13,00 Registration with the student unions and break for lunch  
13,00 – 14,00 Information and welcome from the Municipality of Umeå  
14,00 – 14,15 Short break to stretch your legs  
14,15 – 15,00 Some basic insights to society and life in Sweden  
15,00 – 15,15 Short break to stretch your legs  
15,15 – 16,00 The Sámi – An indigenous people of the north  
16,00 – 16,30 Information from student organizations/student unions  
16,30 – 16,45 Information to German speaking students about the German departments tandem program.

**Friday – A full day of competitions, games and fun to help you get to know Campus and Umeå – Participation in the day's activities (including lunch and dinner) costs 100 SEK. The day starts at Auditorium E in the Humanities Building.**

**You will need to sign up during Wednesday-Thursday to be able to participate.**

**Further information to be given during the Orientation Course.**

The Campus Race will start from 10 a.m. onwards. You will start in intervals.

This will be followed by lunch and a guided bus tour of Umeå.

A walk along the Umeå river will take you in to town.

From 4 p.m onwards you will be arriving in the center of town for the Umeå Challenge.

The day will finish with a Welcome Reception with a buffet and prizes for the days achievements. For those who choose to stay the reception will turn in to a pub/club evening later on.